

WMS

815.335.2364

Nov.

School Office

2018

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
<p>***All dates are subject to change. Check daily announcements online for current information.</p> <p>http://www.winnebagoschools.org/schools/middleschool/announcements</p>			<p>Cathy Finley Principal</p> <p>Patrick Brûlé Asst. Principal</p>	<p>1</p> <p>6 BBB @ AFC, 4:00 7/8 BBB @ H, 4:00</p>	<p>2</p> <p>PBIS Celebration – Apple Orchard Report Cards sent home</p>	<p>3</p>
<p>4</p>	<p>5</p> <p>Academic @ AFC, 4:00</p>	<p>6</p> <p>6 BBB @ H, 4:00 7/8 BBB @ Polo, 4:00</p>	<p>7</p>	<p>8</p> <p>Muffins with Mom, 7-7:45am</p> <p>6 BBB @ H, 4:00 7/8 BBB @ H, 5:00</p>	<p>9</p>	<p>10</p>
<p>11</p>	<p>12</p> <p>Veteran's Day Assembly, WHS, 9am Academic @ H, 4:00 6 BBB @ Pec, 4:00</p>	<p>13</p> <p>7/8 BBB @ Forreston, 4:00</p>	<p>14</p> <p>6 BBB @ H, 4:00</p>	<p>15</p> <p>6 BBB @ H, 5:00</p>	<p>16</p>	<p>17</p>
<p>18</p>	<p>19</p> <p>6 BBB @ Pec, 4:00 7/8 BBB @ H, 4:00</p>	<p>20</p> <p>6 BBB @ H, 4:00 7/8 BBB @ Oregon, 4:00</p>	<p>21</p> <p>NO SCHOOL</p>	<p>22</p> <p>NO SCHOOL THANKSGIVING DAY</p>	<p>23</p> <p>NO SCHOOL</p>	<p>24</p>
<p>25</p>	<p>26</p> <p>Erin's Law Classroom Presentations Academic @ H, 3:45</p>	<p>27</p> <p>6 BBB @ H, 4:00 7/8 BBB @ Pec, 4:00</p>	<p>28</p> <p>Erin's Law Classroom Presentations</p>	<p>29</p> <p>Erin's Law Classroom Presentations 6 BBB A/B @ SV, 4:00 7 BBB @ SV, 4:00 8 BBB @ H, 4:00</p>	<p>30</p> <p>Midterms Reports Go Home Rec Night, 7-9:00pm</p>	<p>Dec. 1</p> <p>Rt. 72 Boys Basketball Tournament, TBA</p>

Halloween Dance Wednesday, October 31st

Reminder to parents: Students are not allowed to leave and come back for the dance. They have to stay after school, and the dance will be over at 5:00. Costumes are allowed for the Halloween Dance but students cannot wear them to school. They will have to change at school before the dance starts.

Veteran's Day

As we have done in the past, our Veteran's Day assembly will be combined with the high school starting at 9:00 a.m. on Monday, November 12th in the high school gymnasium. If you know of anyone that should be included as a veteran to be honored at the assembly, please let Alison Behn know. Her email address is behna@winnebagoschools.org. Please give their name, address and branch of service.

Muffins with Mom

To support Families and Schools Together (FAST), Winnebago Middle School students and their moms (or other significant female relative) are invited for muffins and coffee/juice before school. Please join us! It is a wonderful way to start the day. The annual event this year will be held on Thursday, November 8, 2018 from 7:00 to 7:45 a.m. in the Winnebago Middle School Cafeteria. Donations are needed for muffins and juice. An online sign up will be delivered with a Remind text soon ☺

These should be sent to the school office on Wednesday, Nov. 7th. Thank you!

PTO

As usual, the PTO holiday bazaar is in need of helpers. This is a great opportunity for those middle school students to receive their community service hours. If you are interested in helping out, please use this link: PTO Holiday Bazaar Helpers sign up!

<https://www.signupgenius.com/go/10c044da8aa28a5f58-holiday1>

Rec Night

Our first Rec Night for this school year is scheduled for Friday, November 30th from 7:00 p.m. to 9:00 p.m. The doors will open at 6:50 p.m. Students should have rides here by 9:00 p.m. when Rec Night ends. If a student leaves school during Rec Night, they will not be allowed back in. There will be drinks and some snacks available for purchase.

If you are able and willing to help with Rec Night activities, please call the school office at 815.335.2364.

Have You Asked Your Student?

1. Did you reach your AR goal first quarter? What is your AR goal for second quarter? Do we need to go to the library to get some more AR books? What has been your favorite book you've read lately?
2. What color is your card on the Spear-It wall? What have you done to earn the stickers and levels for PBIS?
3. How are you on supplies? Do you need any more pencils or pens or paper or....?
4. Can you explain your math problems to me? How did you get that answer?
5. What have you been studying in Science and Social Studies? Have you done any cool activities or experiments?

PBIS Spear-It Wall

A special trip/activity is planned for those students earning the first quarter PBIS "Spear-It" award. These students will spend part of the afternoon at Curran's Apple Orchard. We're looking forward to a great time on Friday, November 2 ☺

Erin's Law School Presentations

Winnebago Middle School is in partnership with you regarding your child's safety. In 2013, the state of Illinois passed Erin's Law, a national mandate for sexual abuse prevention education for students in grades K-12. This year, middle school students will be participating in classroom presentations conducted by Rockford Sexual Assault Counseling. The topics presented will include: a review of the touching rule, a discussion of healthy vs. unhealthy dating relationships, what is sexting and what are the consequences, what is sexual harassment and how is it different from flirting. In addition, the presentation will include how to get help if it happens to you, how to help a friend and what the law says about free counseling sessions for kids ages 12 and up. Parents are encouraged to discuss these topics with them at home.

Presentations at Winnebago Middle School will take place on Monday, November 26 and Wednesday, November 28 and Thursday, November 29. Parents are invited to attend these sessions, as well. If you're interested

in joining your child's classroom during their presentation time, please call the school office to confirm the presentation day/time. On the other hand, if you'd like your child opted out of this presentation, please call the school office and leave that information, as well.

If you have any questions or concerns, please do not hesitate to contact the school at 815-335-2364 or Rockford Sexual Assault Agency at 815-636-9811.

5Essentials Parent Survey

Beginning November 15, students and teachers across Illinois will have an opportunity to participate in the seventh annual statewide Illinois 5Essentials Survey. This survey is designed to generate a detailed picture of the inner workings of your child's school. As a parent, this opportunity will allow you to share your thoughts on the important elements of school effectiveness in a survey about your child's school.

On behalf of the Illinois State Board of Education, the Illinois 5Essentials Survey will be administered online by UChicago Impact at the University of Chicago. The survey gathers data related to five indicators that can predict important student outcomes, including improved attendance and larger test score gains. These five indicators that affect and predict school success are:

- Effective Leaders
- Collaborative Teachers
- Involved Families
- Supportive Environments
- Ambitious Instruction

Prior research in more than 400 schools has shown that schools that were strong on at least three of these "5Essential" indicators were 10 times more likely to improve student learning gains in math and reading than those that were weak on three or more Essentials.

All teachers and 4thth through 12th grade students will be responding to this survey. 5Essentials Reports will be generated for schools if their teachers and/or students meet the response rate threshold of 50 percent. These reports will be sent to schools and districts in March 2019 and will also be included in the State School Report Card.

Additionally, your district has chosen to provide the optional Parent Supplement survey. If at least 20 percent of Winnebago Middle School

parents complete this survey, a parent supplement report will also be generated. The parent data will not be reported on the State Report Card.

Your participation in the parent portion of the survey will help us understand the conditions at your child's school and guide improvement. Your identity and survey responses will be kept completely confidential and will never be connected to you or your child.

The Illinois 5Essentials Survey for students and teachers will be conducted November 15 through January 18, 2019. The Parent Survey Supplement will be conducted from October 23 through January 18, 2019. To take the survey please visit <https://survey.5-essentials.org/Illinois/> and select the appropriate survey to begin.

For more information about the Illinois 5Essentials Survey, or to view previous years' Reports, please visit <https://www.5-essentials.org/illinois>. If you have any questions or concerns, please contact 5Essentials Client Services at 1-866-440-1874 or 5essentials@uchicago.edu.

Handbook Policies

Attendance starting on Page 5 of our [2018-2019 District 323 Student/Parent Handbook](#)

Dress Code on Page 15 of our [2018-2019 District 323 Student/Parent Handbook](#)

Love & Logic by Dr. Charles Fay

Bullying hurts, and we want it to end right now. Despite this desire, the reality is that we all have only limited control over the world and how our children are treated by it. That's why Love and Logic places a heavy emphasis on empowering children to become victors rather than victims.

In my new book, ***Bullying: When Your Child is the Target***, I provide specific recommendations for responding with compassion while helping our kids develop the skills required to protect themselves. Listed below are just a few:

Rescue only when necessary.

- We must rescue our children when they experience bullying so severe that it overwhelms their ability to cope physically or emotionally. That's what good parents do.
- Unnecessary rescuing creates weak kids who become more popular targets for bullies.

Listen.

- When our children are hurting, the most important thing we can do is listen with empathy, allowing them to express their full range of emotions. This can become difficult when we, too, are flooded with feelings over the issue. Listening means making the conversation about our child's feelings, not ours.
- Isn't it true that when we know how much other people care, it makes the struggles we are facing seem more manageable?

Empower them with the belief that they can cope.

- Down deep, children feel empowered when we ask, "What do you think you might do to solve this problem?" While they may lack answers to this question, asking it demonstrates that we believe in their abilities.

Give them some practical experiments.

- Learning to deal effectively with bullies hinges on our child's ability to remain calm, or even use a bit of humor, when the bully tries to upset or provoke them. ***Bullying: When Your Child is the Target***, provides a guide for helping us talk with our children about how to do this.

People who learn how to handle bullying when they are kids, learn how to handle the bullies they will occasionally encounter as adults.

Love & Logic by Dr. Charles Fay - Part II

Do you make your kids do chores? Some parents think their kids have too much going on with school, extra-curricular activities, jobs, etc...to help around the house. This can have negative consequences. Jim Fay explains...

Sweet Aunt Sara has reached an advanced age. She is now so feeble that she can't take care of herself. You bring her into your home with the intention of making her remaining years comfortable. Since she is not strong enough to help out around the house, and knows that, you tell her that she no longer needs to help. You will take care of her every need.

Wouldn't you think that she'd be so appreciative that she'd become sweeter and sweeter by the day? Not so. You and I both know this is not what happens. In turn, she becomes increasingly difficult to live with. Why is this?

This phenomenon is known as hostile dependency. Embedded in the human soul is the drive to be independent. It is common to hate the feeling of dependency and quickly transfer the blame to those who make

us feel dependent. Their good intentions are soon forgotten, as anger sets in.

This situation is often seen in teenagers who live like honored guests in the home; those whose parents don't expect them to do their fair share of the work around the house; those parents who treat their kids just as we are treating sweet Aunt Sara.

Do your kids and yourself a favor. Expect every member of the family to share in the workload.

Thanks for reading! Our goal is to help as many families as possible.